

Good Tidings

The Newsletter of Brick Presbyterian Church

July/August 2012

“A Time to Slow Down and Be Still” Pastor Doug’s Musings from his Fishing Dory

I recently took my blue 14’ Vermont Fishing Dory to the waters of Forge Pond and the Metedeconk River for its maiden voyage. It was hard to believe that I had not been paddling or rowing these waters for two years. Life can get so busy – too busy – as many of you all too well know.

After launching, I quietly rowed past a number of egrets along the marsh shore line on the west end of Forge Pond, then past a pair of white swans, and as I then turned to head back under the Route 70 Bridge for the river, there stood one of the most stately looking slate blue herons I had ever seen anywhere. It did my soul good to take in these sights – to appreciate the creation God has made – to nod at the egrets and they at me as if we were good friends meeting on the street somewhere.

Heading down the Metedeconk at about four knots I saw a few powerboats and jet skiers fly by in a race to I know not where. With each stroke of the oars, the blue dory quietly slid through the water, oblivious to the fact we were running against the tide and the wind. It was a joy to feel the summertime sun shine upon my skin, to breath in the aroma of the salt water. As I returned up the river, it somehow seemed easier for the tide was helping to propel my dory. Seeing some young men anchored and out crabbing, I was able to have a pleasant conversation with them. That’s something that is a challenge when traveling in a loud motor driven craft.

Pausing under the Route 70 Bridge, I took note of the messages various folk had painted there and the sound of speeding cars overhead. Then with a few more strokes of the oars, I was back to the boat launch, where I noticed some young lovers sharing their affections, and across the way some kids waiting for a monster fish to yank on their lines.

It was a wonderful day, and though not use to that type of exercise or rowing some five miles, I somehow felt years younger in body, mind and soul. Loading my boat on to its trailer I thought I have got to get my granddaughter out to enjoy these things while I still can.

Experts tell us that as counter intuitive as it seems to those going 24-7, multi-tasking and the like, we are actually more productive, if we take time to slow down, unplug from our smart phones, computers and iPads, and other tasks.

May this fleeting season of summer give you permission to slow down and inhale some salty air, savor the aromas of the boardwalk, feel the sand between your toes, and allow God’s spirit to renew your spirit in a slower pace and in moments of quiet. The Psalmist said, “Be still and know that I am God.” May you find yourself in God’s presence in our worship services and in those more quiet moments God gives us in this season.

SAVE THE DATES OF

JULY 8, 2012

Brick Presbyterian Church's

Outdoor Service

And

Family Picnic Barbeque

At Windward Beach off Princeton Ave.



Great Food, Beautiful Scenery

Bring a friend or two, Don't forget your chairs and yes, PLEASE bring a dish or two to share with everyone

AND

August 12, 2012

Informal Service in the Family Life Center

Followed by Refreshments

Bring a friend!

In case of inclement weather possibilities please check with the church office that morning or check our website at www.brickpresby.com

Florence Mallinson Memorial Scholarships Recipients Named



During worship on Sunday, June 17th the recipients of the Florence Mallinson Memorial Scholarship were named by the Christian Education Committee and Session.

This year's recipients have grown up in our congregation and been very active participants in our Church School, youth programs and other activities behind the scenes. Each is planning to further their education in the fall.

This year's honorees are: **Brant Cumella, Kelly Schweis, Paige Stevens, and Zachary Suter.** We wish to congratulate them and offer them each our prayers as they further their education and continue to do good things for our Lord, church and humankind.

SUMMER WORSHIP HOURS



We will commence our Summer Worship Services on July 1, 2012 at 10:00 AM. The services will be held at this time through September 2, 2012. Weather permitting, there will be a service and picnic at Windward Beach on July 8, 2012 at 10:00 AM (no service at Brick Presbyterian Church, Drum Point Road). There will also be an informal service in the Family Life Center on August 12, 2012 at 10:00 AM with refreshments following the service. Child care will be available for all the services, except for July 8, 2012 and August 12, 2012.

Jesus Welcomes Children in Worship & We Do Too!

We want to encourage you to come to the Worship Services and bring your children with you during the summer. In Mark 10:14 Jesus said, "Let the children come to me, do not hinder them, for to such belongs the kingdom of God".(RSV) We are a loving congregation and love our children. They are our future. We recognize that children are not always able to sit quietly for a long period of time. That's understandable, but let's teach them that God loves them and we do too. Let us all be more like Jesus and welcome everyone - young and old - to worship with us.



Let the little children
come to me....

LUKE 10:16

CHILD CARE SERVICES FOR SUMMER SERVICES



A sign-up sheet is available for those who wish to provide child care during the Worship Services during the summer months. We expect that if you wish to avail yourself of this service, that you will wish to take your turn also. The sign-up sheet will be placed by the Child Care room. You don't need to have young children to enjoy working with them. Young people - Jr. and Sr. High School students will be welcomed also. The only requirement is that you enjoy children. Thank you for helping!



We understand that not everyone prefers email for communications from the church. If you do not wish to be on our e-mail mailing list, you can choose to "Opt Out" with "SafeUnsubscribe" (on the bottom of the email from Constant Contact). Or you can contact Kathy at webmaster@brickpresby.com and either ask to be removed OR ask to get the newsletter only. PLEASE DO NOT report the email as SPAM as this could cause problems with our account.

Thank You!

Best Wishes to Judy Gavan!



Judy Gavan retired on June 30 after 13 years as our beloved church secretary at Brick Presbyterian Church. Having worked and retired from New Jersey Transit, Judy began her second career with us in 1999. Her faithful service to the Lord and our congregation has seen us through many transitions in our common life.

She managed the church office for us, has handled the many communications related to our Building Expansion Program; been involved with the technology upgrades in the office which has included a new phone system, postage meters, fax and copier and computers.

Judy was the voice that greeted us on the telephone, or smiling face that welcomed us when we walked through the door to the church office. She has been there with a ready and ready desire to assist us in our needs be it for Session, Deacons, Presbyterian Women, Church School, or some other need. Judy was involved in various ways with the production of three church pictorial directories (1999, 2005 and 2012).

Judy worked with our church newsletter team, sent out not only the newsletter, but stewardship mailings and numerous other letters for the church – kept up our membership database, published countless worship service bulletins and so much more.

In so many ways, Judy has been an important part of our church's staff recruiting liturgist, greeters, and substitute preachers. She has placed the orders for needed supplies, and even taken recyclables out to the curb and she kept the coffee pot ready.

When she wasn't doing all of these things, she demonstrated her faith and commitment to the Lord Jesus and our church as a part of our Faith Bible Study Group; a member of Presbyterian Women; a senior acolyte; usher; liturgist; and faithful worshipper.

Judy's dedicated service, strong commitment to the Lord, sense of humor, and willingness to help in so many ways will be missed by us all. As we are sad to see her retire, we remain very grateful for all she has done for us and our Lord. We wish her all the best, joy and happiness in this well deserved new chapter of her life and say, "Well done good and faithful servant." Thank you Judy for all you have done. May your retirement years bring you a well deserved joy and happiness.

Welcome Judy Foley to BPC



At Session's meeting on June 12th, the board was pleased to hire Judith Foley to become the church's new Office Assistant to the Pastor. Judy comes to us having served the First Presbyterian Church of Red Bank since 1982. She comes to us as an experience church office worker with computer skills in Microsoft Office, Adobe, desktop publishing, spreadsheet and data base management, along with other software programs

used by many churches.

She is a member of the First Presbyterian Church of Long Branch where she is an elder. She has been a church school teacher, youth director, and a member of a curriculum search committee. Judy is also Clerk of Session in her congregation.

Prior to working for the church, Judy has a background in sales and marketing management, direct marketing management and sales when she was with the Bell Atlantic Corp.

Judy begins her work with us on June 25. We are most grateful that retiring Judy Gavan will be helping her get oriented to our church office.

We look forward to Judy's addition to our church staff, and are confident that the Lord will use her gifts to help strengthen our ministry.

PICTORIAL DIRECTORY



Anyone who had their picture taken for our Pictorial Directory please contact the church office to arrange for you to receive your copy.

Changes In Bread Used for Holy Communion

Because of a number of concerns that have arisen, the Session and Deacons will no longer be using gluten free bread for our observance of the Lord's Supper. We are sorry that our efforts to use gluten free bread did not work out as we had hoped. We also apologize to those who may be negatively impacted by this decision to return to using regular bread. Beginning with the observance of the Lord's Supper on Sunday, July first the church will return to using the regular bread. Those who have dietary or medical requirements for gluten free bread will be asked to bring their own gluten free bread to service for Holy Communion.



Junior High Youth Group

The Leaders would like to thank all the Youth Group Members for all their hard work this year in their mission work. They raised money and walked in the Crop Walk, provided needed families with a blessed Christmas, sang Christmas Carols to Nursing Home residents, participated in the Souper Bowl of Caring raising money for the Ocean County Food Bank and spent countless hours at Tent City helping the homeless. Praise God for all of you!

We did have some fun with 2 Camp Johnsonburg retreats, a Lock In, Laser Tag, conquering a 5 acre corn maze, watching movies, meetings and playing games.

Have a safe and fun summer, we look forward to seeing all of you back in September and will like to welcome in our 6th graders. Letters will be going out to everyone in August letting you know dates we will be starting up.

Senior High Youth Group



A great time was had by the Sr. High Youth Group and the chaperones at Adventure on June 2, 2012.

"Third Day" put on a very inspiring concert. Everyone enjoyed the Safari, rides and the buffet.

We're looking forward to more fun events in the Fall.

SUMMER FUNDRAISING

Arbonne Fundraiser



On **Friday July 13th from 7:00 to 9:00pm** we will be having an Arbonne Cosmetic fundraiser for the Building Expansion fund. Arbonne is an eco-friendly health and wellness company. Any questions please contact us through the link on our website or check the Narthex at the church for more information.

Bloomfield College Chaplaincy Program

On **Wednesday July 18th from 11:00am to 11:00pm**, Brick Presbyterian Church is sponsoring a fundraiser in support of the Bloomfield College Chaplaincy Program and the Westminster Foundation. This fundraiser will be held at any of three Applebee's locations, Brick, Clifton, and Newark. Bloomfield College is a Presbyterian College with many alumni in our membership. Please help out this much needed ministry by picking up a flyer in the Narthex or downloading one off our church website and bring it to any of the three Applebee's restaurants listed above. Thank you for your continued support of our fundraising committee.



Summer Safety Tips !

11 Tips for Staying Cool This Summer

- Be aware of the heat. Pay attention to it and modify your activities appropriately.
- Pay attention to your hydration status, and be sure to drink plenty of fluids.
- Try to stay in relatively cool areas, even when outside. Many public places such as libraries, shopping malls and movie theatres are air conditioned.
- Avoid hot enclosed places, such as cars. Never leave children or pets unattended in a car parked in the sun.
- Use a fan, if available.
- Stay on the lowest floor of your building.
- Eat well-balanced, light and regular meals.
- Wear loose-fitting, lightweight and light-colored clothing.
- Cover windows that receive a significant amount of sun with drapes or shades to help keep your house cool.
- Weather stripping and proper insulation will keep cool air inside your home.
- Cool beverages are good for cooling down the body, while alcoholic drinks can impair the body's ability to regulate its temperature.



8 Signs of Heat Overexposure

- Heavy sweating. But if heat stroke sets in, the body can no longer compensate and stops sweating.
- Pale skin
- Muscle cramps
- Feeling tired and weak
- Altered mental status (confusion or disorientation)
- Headache
- Becoming semi-conscious, or passing out.
- Nausea or vomiting

6 First Steps to take After Recognizing Heat-Induced Illness

- Call 911.
- Get the person out of the sun and into a cool area. An air-conditioned area is ideal, but moving someone into the shade will also help.
- Apply water to help the person cool off.
- Apply ice to the neck or armpits, where large blood vessels are close to the surface.
- Remove any heavy clothing
- Immerse the body in cool water, either at a swimming pool or in a bathtub.

Did you know???



... That each fall the Presbytery of Winnebago, Wisconsin has held fall youth camp. It is a chance for middle and high school-aged students to get together for fun, fellowship, worship, and service. As many of the congregations do not have youth groups, this is an occasion when young people can experience the joy of being with other people their age who are following the Lord. The camp's theme last year was "building up and tearing down", based on Jeremiah 1:10: "see today, I appoint you over nations and over kingdoms, to pluck up and to pull down.... To build and to plant," campers spent an afternoon building sheds for Habitat for Humanity. They also thought how words and actions can build up friends and communities. During the closing service of worship, a wall made of boxes and adorned with pictures of actions that tears communities down was smashed, destroyed, and then reused to build a path out into the world!

This also reminds me of our youth group here at Brick Presbyterian helping out our brothers and sisters in Christ, living in Tent City. The youth here are trying to help build up and to plant while some people are trying to tear it down.

Dear God, show us how to build your realm in this world. Give us hands to extend you to those around us. God, give us clear vision to recognize injustice. Give us passion to confront forces that seem inhuman to us. Give us courage to help break down systems, thoughts, attitudes, and names that harm your people, Amen.

*(Excerpted from 2012 Presbyterian Yearbook)
By your Stewardship and Mission Committee.*

For Your Information

Every twenty seven seconds, a child is born into poverty. One in six Americans lives in poverty. One in five American children do not have access to adequate nutritious food.

What is the main cause of hunger? Poverty is the principal cause. Children are the most visible victims of malnutrition. How can we help? Continue to support our food pantry with non perishable donations and monetary donations to the Deacons fund.



• FOR YOUR INFORMATION •

Vacation Bible School 2012



VBS will be held this summer on the following Wednesdays: July 11th, July 18th, and July 25th. The hours will be from 10:00 am until 2:00 pm for students in Kindergarten through Sixth grade. Please send your child with a lunch. Additional snacks and drinks will be provided. Registration forms are available in the Christian Education office and in the Church office. Deadline to register will be July 1, 2012. Volunteers are needed. Please contact me for more information or to volunteer at christianeducation@brickpresby.com.

House of Hope Café Feeding Body, Soul and Spirit

You are invited to

An Evening of Christian Fellowship

Featuring

Family Games

Karaoke

Make your own Sundaes bar...



Saturday, July 28, 2012

7:00 PM

From the Deacons Bench



round.

Our food pantry accepts donations of canned goods and food items for distribution to those in need throughout the year.

Donations of items for those serving in the military are collected in the marked bin in the narthex and delivered for packing and distribution to those serving overseas. To see a list of suggested items, check http://www.brickpresby.com/pages/Support_Our_Military. Our service men and women work 24/7 and welcome the seemingly simple items that make life so much easier for them.

Visits are made to the hospitalized, homebound and grieving. Your donations of empty metal coffee cans are used to bring the chancel flowers each week with words or notes of remembrance and cheer.

We have members and friends who lack transportation to get to our services. Deacon Joan Erickson coordinates rides with drivers and potential passengers. If interested in serving as a driver, please contact Joan at transportation@brickpresby.com.

