

Good Tidings

The Newsletter of Brick Presbyterian Church

September 2012

Greetings from Your Pastor at Your Spiritual Home on the Jersey Shore;



I trust you have had a wonderful summer, restoring mind, body and spirit with the season's more relaxed pace, with opportunities to go to the boardwalk and beach, with various travels, or just "chilling out" at home.

I, for one, am looking forward to re-connecting with each of you and many others here at 111 Drum Point Road. It is always great to hear about your summer experiences. And it is always a joy to be with you as we gather here on Sunday morning for worship. On Sunday, Sept. 9th we will return to our regular worship schedule of 9:00 a.m. and 11:00 a.m.

Our Church School is geared up and ready to begin another religious education season for our young people starting at 9:00 a.m. on Sept. 9th also. I will also be hosting an adult education series of video programs from the History Channel on Sunday evenings from 6:00 p.m. to 7:00 p.m. on various subjects (more on this will appear elsewhere in this newsletter).

I am anticipating that this will be a wonderful and exciting fall season for our church as we reconnect with each other. I am anticipating a number of new members joining our ranks in the worship, fellowship and service of our Lord Jesus Christ. We also have some baptisms lined-up for the end of September. Our Fellowship Committee is planning a church Halloween Event. The Christian Ed folk are planning another wonderful Harvest Dinner. The Health Ministry Team has a flu shot clinic and some other events planned. Our House of Hope Cafe team also has some wonderful programs planned for this fall. And this is only some of what's in the hopper.

This is a great time to be a part of Brick Presbyterian Church – to be in an active and caring relationship with the Lord and with God's people. God is doing some wonderful things in and through our congregation, and I want you to be a part of it.

So I look forward to seeing the return from summer of long-time friends and members – and our seeing new faces among us, whom we hope will become familiar friends in faith with us. See you at church, for we can't be or spell Church without "U".

Loving and Serving the Lord with you,
Pastor Doug

WE'RE BACK TO OUR "REGULAR" WORSHIP TIMES IN SEPTEMBER!

Starting September 9th (also the first day of Sunday School), we will be returning to our "regular" worship times of 9:00 AM and 11:00 AM. See you at Worship!



SUNDAY SCHOOL BEGINS



Sunday School will starting on September 9, 2012 at 9:00. We will have an enrollment table set up in the Narthex. Please stop by to enroll your child. Our Sunday School offers classes from age 3 through 8th grade. If your child is currently enrolled in our program, please stop by to review and update your contact information. We will be holding a Parent Orientation Coffee Hour immediately following the 9:00 am service in the Family Life Center. All parents and guardians are encouraged to attend.

Pastor Hosted Adult Education Events



Following up on the wonderful turnout and response to last spring's video Adult Education Forum, your pastor is once again hosting a new series of religious education videos produced by the history channel. These educational events will once again be held in the church parlor from 6 – 7 p.m. on Sunday evenings. These programs are intended to get you to look at religious history and matters of faith as a lot more than facts and dates.

You'll be encouraged to focus on religious faith as a journey – to look back and ask "How?" – to look around and ask "Why?" – and, to look forward and ask "What if?"

The Schedule for these DVD films is as follows:

Sunday, Sept. 16th "Lost Worlds: Jesus' Jerusalem" 6:00 to 7:00 p.m.

Sunday, Sept. 23rd "Biography: Jesus, His Life" 6:00 to 7:00 p.m.

Sunday, Oct. 7th "The Story of the Twelve Apostles" 6:00 to 7:00 p.m.

Sunday, Oct. 21st "The Story of Paul the Apostle" 6:00 to 7:00 p.m.

Other events will be announced in church and on the church website as they become available.



CHOIR

The Choir will begin rehearsals on Thursday, August 30th and sing during the Communion Service on September 2nd

HANDBELL CHOIR

The *first* rehearsal of our Brick Handbell Choir's Eleventh season will be:
Monday, September 10 at 7:00 – 8:30 PM.



ACOLYTE TRAINING/PARTY EVENT



This year's annual acolyte training session will be held in the sanctuary on Thursday, September 27th at 7:00 PM. Children from the 3rd Grade through 6th Grade are eligible to attend this event.

The responsibility of an acolyte is to bring the Light of Jesus Christ into the sanctuary by lighting the candles on the chancel to start our 9am and 11am worship services.

Following this training session, we will have a "Make Your Own Sundae" party. Parents should come back to the church around 8:15 PM to pick up the children.

Sign-up sheets for acolyte volunteers will be distributed to each of the Sunday School classes before this event with a final roster schedule created after this date. Each child should be scheduled for 3 to 4 times during the year to serve as an acolyte.

So, please mark your calendar if your children are interested in serving as an acolyte and are in the 3rd through 6th grades.

For any questions, please contact Kathy through the church office. See you there!!

Ice Cream Party



Fraud/Scam Seminar



The Health Ministry Team will be holding a seminar on this topic on Tuesday, September 18th @ 7pm. The presenters for this informative evening will be from the Brick Township Police Department including Chief Nils Bergquist, Sgt. Keith Reinhard & Det. Erik Olsen. We hope you will be able to join us to learn more on how to protect yourself against a potential fraud. Please call the church office if you plan to attend by September 14th at 732-477-0676.

Junior High Youth Group

The Youth Group Leaders are well rested and are ready to come back in full swing for the new youth group season. Our annual "Kick Off" pizza party will be on September 9th from 5:30 - 7:30. We will be discussing the upcoming events and mission work that we had planned throughout the year along with some fun stuff for the evening.

We want to encourage and welcome all 6th - 8th graders to come out and join us. Not only is it a great time of fellowship with one another but it is also a great opportunity for your child to get involved in community service and mission work.

The leaders are looking forward to spending time with all of you and together doing the work that God has called us to do in our Church.

Your junior high youth group leaders are Tom Fortier, Kathy Kraynick and Debbie Fortier; please feel free to contact us with any questions you may have.



*Lead me, O Lord, in your righteousness...; make your way straight before me.
Psalm 5:8*

Attention All High School Students - The Senior High Youth Group Is starting up again.

**Come join us for Fun, Fellowship and Friendship in Faith.
Our first meeting in September will be a Welcome Pizza Party.
(Date to be announced – we will contact everyone)**

Please contact Susan Gargano or Roberta Kleban to sign up or for more information.

During the year we are planning:

- Trips – Paintball, Corn Maze, Laser Tag
- Mission Work – Tent City, Cards for Soldiers
- Souper Bowl of Caring, Bake Sales
- Nursing Home Visits – Caroling & Delivering Palm Crosses
- Shop & Lock-In (buying and wrapping Christmas gifts for the needy and a sleepover at BPC)
- Game Nights – basketball, volleyball and board games

We are looking forward to a great year with our High School students.

PANCAKE BREAKFAST

Father/Son Pancake Breakfast
For the entire congregation
Sunday, September 23rd between services
Sponsored by the Men's Fellowship



Flu Shot Clinic



The Health Ministry team is coordinating a Flu Shot Clinic at our church with the Ocean County Health Department. It will be held on Sunday, October 7, 2012 in our Family Life Center from 10:30 AM to 12:30 PM. We would like you to invite your friends & neighbors to come to this event to be prepared for the upcoming flu season. Questions can be directed to the team through the church office. We hope to see you on October 7th to prepare you & your family for the upcoming flu season!

SAVE THE DATE!!!

Our annual HARVEST DINNER will be on Sunday November 4th at 12:15 PM. The Prices are the SAME as last year. Ten dollars (\$10) for all above 12 years of age; five dollars (\$5.00) for those 6 yrs to 12 years and free for those below six yrs. Tickets will be on sale the first week of October.

We are in need of volunteers to roast turkeys for us. Reimbursement for the price of turkeys is available. Sign up with Lois Erickson through the church office. We are hoping for record turnout this year. All profits to benefit the continuing education fund. Thank you.



BPC is proud to welcome Maria Cambria on Sunday, September 30th at 3:00pm for an afternoon of music that celebrates the love of God made known to us through our Savior, Jesus Christ. There will be a free will offering, which will go to the Deacon's support of those in need in our community.

House of Hope Goes On the Road!



On Sunday, September 23rd, from 2pm – 5pm, the House of Hope goes on the road to Tent City in Lakewood, where we will be sharing coffee, tea, snacks, praise music and the love of Jesus!



Thank you!

The Stewardship and Fundraising committees would like to thank those of you who supported our Applebee's fundraiser for Bloomfield College as well as Linda Kathenes for putting this and all our restaurant fundraisers together. We appreciate all you've done organizing these events. **Thank you Linda!**

Once again our Blue Claws fundraiser was a wonderful event as well as a great day out. Tim Towlen and his family did a magnificent job putting this event together. From organizing the dates to selling tickets as well as getting 20 people at the game on August 10th for the volunteer night this would not have been as successful as it was without their efforts. **Thank you Tim and family for taking on this fundraiser!**

September fundraising



As we charge ahead into the month of September, the fundraising committee is pleased to announce a September fundraiser at the **River Rock Restaurant and Marina Bar** on the Manasquan River. On **September 19th and 20th** from **11:30am to 9:00pm** the River Rock Restaurant will give Brick Presbyterian Church's Building Expansion fund **15%** of your check, this includes lunch, dinner or take-out. As always you will need a flyer for this one and it will be in the Narthex at the church as well as on the church website. Please pencil in the dates for this fun way to help us pay down our loan on the beautiful new Family Life Center. Hope to see you there.

Did You Know...



... that September 21st is International Day of Peace. This Day of Peace was created in 1981 for nations at war to cease fire, practice non-violence and reflect on the benefits of resolving disputes peacefully.

Imagine a day when all people around the world stop fighting and join hands for peace.

Imagine a day when people pray for peace.

Imagine a day where people work together to end gun violence.

Imagine a day when Palestinians and Israelis live with no fighting or hate.

Imagine a day where people work toward a world with no nuclear weapons.

Imagine a day where there is no prejudice or hate because of someone's religious belief, the color of someone's skin or sexual preference.

Imagine a day when all people throughout the world work toward making every human life important.

What will you do on September 21st to promote peace in the world?

For Your Information

BPC sponsors the Presbyterian mission worker, Mark Hare. The Brick Presbyterian Church website can connect you with interesting information about his background and mission. The church's website can be found at www.brickpresby.com.



Pray for Missions

Once on the website, choose "Mission" from the top banner; then scroll down to "Missionary". This paragraph contains brief information about the missionary BPC supports, and a link with more items related to Missionary Mark Hare. Please support this mission through any or all of the following: prayer, checking updates, and specified giving through BPC.

Attention Premie Hat Knitters

It's been brought to our attention that the premie hats that are being knitted are too large. Please follow the Ocean Medical Center instructions. If you are in need of new instructions, please find them in the Narthex. Also, baby wool is preferred.

Thank You,
The Quilters

Little Dresses for Africa



Thanks to all of you who participated in the “Little Dresses for Africa” project, whether by joining in the sewing or contributing fabric and trims! Along with churches in Belmar, Freehold and Manasquan, 103 dresses were made and are on their way to Africa. Over 550,000 dresses have been made so far by women around the country.

Thank You!

I would like to thank everyone for thinking of me as I start a new direction in my life. You were all so kind and thoughtful. I appreciate and will always remember your generosity. I'm very glad that I'm part of this most caring congregation. I will be looking forward to seeing all of you on Sundays. May God Bless each and every one of you!

Judy Gavan

THANK YOU!

It has been a difficult summer for my family and me following the untimely passing of my dear son, Ken. Please know that you all, our church family, have helped so much with your kind and loving expressions of sympathy and caring. We, the Baker/Tompkins clan, are concentrating on our BPC favorite expression that **God is Good – All the Time**, even in the face of pain and loss, not just when life seems to be going smoothly. We are so blessed to be part of this wonderful congregation. Thank you, so much!

In His Love,
Phyllis & Christy

An Aspirin a Day?



You have probably heard the commercials on TV saying that an aspirin a day can keep a heart attack away, but is aspirin really for everyone?

Aspirin is an old medicine that comes from the bark of the willow tree. Aspirin works by preventing platelets (cell-like particles in the bloodstream) from forming clots that could cause a heart attack or stroke.

This effect is irreversible, meaning that once a platelet interacts with aspirin, it is permanently affected. A platelet lasts for about 5-10 days and the body makes new platelets every day. This is why it is important to take an aspirin every day.

Non-coated aspirin works within minutes, which is why people who are suspected of having a heart attack are told to take aspirin right away. Coated aspirin (the coating helps protect the stomach) takes longer to work. It is recommended that you chew a coated aspirin if a heart attack is suspected.

Based on the research, the daily dose required to help prevent clots is about 81 mg. This dose is known as "low-dose aspirin" or "baby aspirin." Higher doses are needed for treating fevers and pain.

While aspirin is available without a prescription, it is still a drug and it has side effects. Most important are problems with the gastrointestinal system, including abdominal pain, bleeding, and ulcers. You can reduce this risk by taking a coated aspirin or using a medication called a "proton pump inhibitor" along with your aspirin. Tinnitus, or a ringing sensation in the ears, is uncommon but may occur, especially in children and adolescents. Rarely, a person can have an allergy to aspirin, causing asthma or anaphylaxis, a life-threatening reaction. Your healthcare provider should ask questions about your risk prior to starting you on aspirin.

So, who should take a aspirin? The American Diabetes Association published the "Standards of Medical Care in Diabetes" in 2010 with the following recommendations:

- Consider aspirin therapy as a primary prevention strategy in those with type 1 or type 2 diabetes at increased risk. This includes most men >50 years and women >60 years of age who have at least one additional risk factor (hypertension, high cholesterol, etc.)
- There is not sufficient evidence to recommend aspirin for primary prevention in low risk individuals. This includes men <50 years or women <60 years of age without other major risk factors.
- Use aspirin therapy as a secondary prevention strategy in those with diabetes and a history of cardiovascular disease.

You should discuss the use of aspirin with your healthcare provider to see if you will benefit from taking aspirin.

By Merle Myerson, MD www.dlife.com

IMPORTANT



Mailing Donations

For those mailing in their stewardship contributions or other donations, please mail them to the church at: Brick Presbyterian Church, 111 Drum Point Rd, Brick, NJ 08723, Attention: Financial Secretary, instead of mailing them to Karen Ellis at her home. This way we can make sure that your communications are properly accounted for and not confused with household mail.

Presbyterian Women

The meeting on the attached calendar is incorrect. PW will be having two gatherings this year – a Christmas Covered Dish in December and their annual picnic in June.